

APRIL 2023



FCS & HOMEMAKER NEWSLETTER



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service

Graves County
4200 State Route 45 N
Mayfield KY, 42066
270-247-2334

Mondays	10am Crochet Club
April 9	Happy Easter 
April 10	6pm Friendship Club Meeting
April 11	5-7pm International Program, Thailand
April 11	5:30pm Adult Sewing
April 12	10am TLC Club Meeting
April 14	10am Community Club Meeting
April 14	10am Cooking Through the Calendar, Rainbow Pasta Salad
April 18	2-6pm Get Fit Health Fair
April 25	10am Learn with a Purpose: Understanding Learning Styles

A NOTE FROM DEBBIE SMITH, HOMEMAKER PRESIDENT

First of all, a big thank you to all of you who participated in the Cultural Arts Showcase. Some of you helped check in, some of you judged, and some of you had some beautiful items entered.

We won blue and purple ribbons and some of you are eligible to enter your items into the state cultural arts contest. Again, thank you for helping make that event a success!

Also, thank you to Mary Harbin for planning two workshops that will fulfill some of the requirements in the Cultural Arts program of work. First, there was a scrapbooking afternoon. Some of the pages from that were even entered into the Cultural Arts contests. On March 30, she has planned another workshop on art design. Make plans to attend and help support our cultural arts efforts.

On April 11, an International program will be held at the Extension office. We will learn about Thailand and then learn how to cook fried rice.

Invite your friends and enjoy this program by Yuri Chetawatee where we will travel to Thailand through her eyes.

Please mark your calendars for August 22. It is our Annual Day program where we honor the achievements from this past year and set goals for our new year. We have members who will be recognized for their achievements in Kentucky Extension Homemakers' programs.

Our Extension homemakers in Graves County can only be successful with the help and work of all of us. I applaud y'all for the work you are doing and for the recognition it is bringing to our county.

Thank you, thank you, thank you.



UPCOMING



Thailand International Day Program

APRIL 11TH, 5-7PM

Yuri Chetawatee will speak to about Thailand & teach us how to prepare chicken fried rice!
Please call to sign up! 270-247-2334

COOKING THROUGH THE CALENDAR

RAINBOW PASTA SALAD

April 14, 10am

Learning with Purpose

April 25th 10am

Understanding why and how you - or your learners, if you are leading a group - learn best is the key to a positive learning experience.



Get Fit Graves HEALTH FAIR

**Tuesday,
April 18th**

Graves County Extension Office
4200 US-45 N, Mayfield, KY
2:00pm - 6:00pm

Come to our First Annual Community Health Fair and find out information regarding several health topics and hear from several guest speakers.

**For more information:
Call 270-247-3553**



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