

November 2023

FCS & Homemaker newsletter



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Graves County
4200 State Route 45 N
Mayfield KY, 42066
270-247-2334

Mondays	10am Crochet Club
November 3	11-11:45 am & 12-12:45pm Taste of Graves County
November 5	Daylight Saving Time Ends
November 6	6pm Sourdough Bread Class- First Rise (for those signed up)
November 7	5:30pm Buttercream Sugar Cookie Class (for those signed up)
November 8	10am TLC Club Meeting
November 8	1pm Cookie Making for Holiday Market
November 9	10am Community Club Meeting
November 9	5:30pm Adult Sewing Group
November 10	10am Italian Buffalo Chicken Stuffed Sweet Potatoes
November 11	9am-12pm Holiday Market at the Extension office
November 13	6pm Friendship Club Meeting
November 16	10:00am & 5:30pm Greeting Card class
November 23 & 24	Office Closed for Thanksgiving Holiday
December 1	10am Time Well Spent: Organizing Tips for Increased Productivity

A note from Debbie Smith, Graves County Homemaker President

Welcome to November! It's time for falling leaves, cooler temperatures, and The Taste of Graves County. I'm not sure how long The Taste has been going on for Graves County Homemakers, but I think for many years. I can remember my mom talking about it when it was at the old office on Housman Street. It was very crowded and there was no parking! I'm so grateful we had an Extension District Board who purchased property, planned, and built the building we are now able to enjoy. This year's Taste will feature recipes for three seasons: fall, Thanksgiving, and Christmas. You will enjoy twelve different foods from the clubs. And we also put the recipes in a cookbook that is given to all who purchase a ticket. There will be extra cookbooks for sale for \$5 each. Cookbooks make great gifts. They will have a different look this year thanks to Audrey Frizzell, who works in our office. She is a talented young lady and we are very grateful for her making our cookbook look really good.

Of course, other things happen in November, too. There are classes at the office and events at the building such as the Farmers' Market Holiday Market. Check this newsletter or the weekly schedule and other updates on Facebook.

Our October was a busy one, too. We made 100 Popcorn Delight cones for the Graves County Public Library's Haunted Harvest event. This is the second time we have worked with the library on projects. We also participated in the Extension Office's Trunk or Treat where 223 little spooks came through for candy and ended up with a Clifford book. We also had individual club meetings and an Advisory Council meeting. It was a busy but good month.

We are adding a new program that I am very excited about for us. Graves County Extension Homemakers will be starting a book club in January. Vi Kibler is heading that up and she is asking us to help her out by filling out an interest survey. Club Presidents have the survey and will be filling those out at their November meetings.

Make sure you have made plans to attend our Taste of Graves County. Tickets are \$10 and you will get a "taste" of twelve different foods along with a cookbook with those food recipes. Proceeds from the event go to scholarships for a Graves County and a Mayfield graduating senior. Tickets will be available at the door, but there will only be a limited number. Have a great November and see you in December!

TASTE OF GRAVES COUNTY

Friday, November 3rd, 11-11:45am & 12-12:45pm

tickets available at the Extension office

Cost is \$10 and includes the cookbook.



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Lexington, KY 40506



Disabilities
accommodated
with prior notification.

If you participated in the **Walktober** walking challenge it's time to turn in your step total & fill out the evaluation to receive your t-shirt. T-shirts will be available for pick up at the Extension office through November 17th.

Walkober
Evaluation
QR code



January Lesson- Time Well Spent: Organizing Tips for Increased Productivity – Denise Wooley

Productivity allows us to make progress on and complete necessary tasks. However, many people are not as productive as they would like to be. Through this lesson, you will learn how clutter and disorganization can negatively affect your productivity. You also will gain ideas for better ways to organize your time and workspace.



The Mayfield Downtown Farmers Market is pleased to announce that we will be having our first official event on Saturday, November 11th from 9am to noon! Since our lot is not quite ready, we will be hosting it at the Graves County Extension Office. Santa will be here with cookies and cocoa and there will be a craft for the kids! We are looking for vendors for this event!

Please send an email to mayfielddowntownfm@gmail.com

Graves County Extension Office
4200 State Route 45 N
Mayfield KY 42066

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GRAVES COUNTY

How can we serve you?

Take a ten-minute survey to help us develop programs addressing needs in our community.



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